



THE FUNCTIONAL MEDICINE APPROACH TO CREATING HEALTH

Curious what's missing from your health care? Learn science-backed strategies to create a healing environment in your body. We will explore topic-specific, non-pharmaceutical strategies like nutrition, lifestyle, supplements, and complementary therapies that optimize the body at the cellular level. More importantly, we will discuss how to safely and reliably put these functional medicine tools into practice for long-term health and healing.

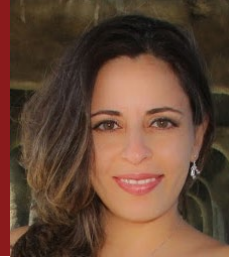
To register, please call the Stanford Center for Integrative Medicine

 (650) 498-5566

 Offered as group medical visits via Zoom video

Susan Payrovi, MD is a triple board-certified physician, specializing in Anesthesiology, Hospice & Palliative Medicine, and Integrative Medicine.

Dr. Payrovi is also certified in Functional Medicine, Mind Body Medicine, and Medical Acupuncture.



2024 Functional Medicine Topics

Each topic below is offered as a 4-part series of group medical visits via Zoom.

Thyroid & Hormone Balance

Tuesdays, 01/09 – 01/30 from 12:30pm – 1:30pm

Anxiety & Depression

Tuesdays, 02/06 – 03/05 from 12:30pm – 1:30pm
No session on 02/20.

Holistic Cancer Care

Wednesdays, 04/10 – 05/08 from 11am - 12pm.
No session on 04/17.

Autoimmunity & Inflammation

Thursdays, 04/11 – 05/09 from 12pm - 1pm.
No session on 04/17.

Heart Health, Hypertension, & Diabetes

Wednesdays, 05/15-06/05 from 11am -12pm.

Fatigue & Fibromyalgia

Thursdays, 05/16 –06/06 from 12pm -1pm

Each session is billed to our insurance as a group medical visit with a Stanford physician specialist.



Stanford
HEALTH CARE

Brought to you by

STANFORD'S CENTER FOR INTEGRATIVE MEDICINE